





# CDFIs in Advancing Food Sovereignty: A Blackfeet Case Study

**Angie Main**, NACDC-Financial Services

Jackie Carter, Sweet Grass Consulting, LLC









Kaiser Permanente Fund at East Bay Community Foundation

























# Learning objectives

- Explore key findings from a 2024 Blackfeet Nation foods systems study and strategies for Native CDFIs to enhance food sovereignty
- Learn about the Food System Transition Index and its role in assessing broader influences on food systems
- Discuss the importance of population-specific data to inform decision making

















CDFIs in Advancing







# Outline for today

- Project background
- Defining terms
- Existing tools
- Community-based research
- Recommendations
- Next steps





## Definition of terms

Food security

Food system

Food sovereignty Healthy eating

















**CDFIs in Advancing FOOD SOVEREIGNTY** A BLACKFEET CASE STUDY

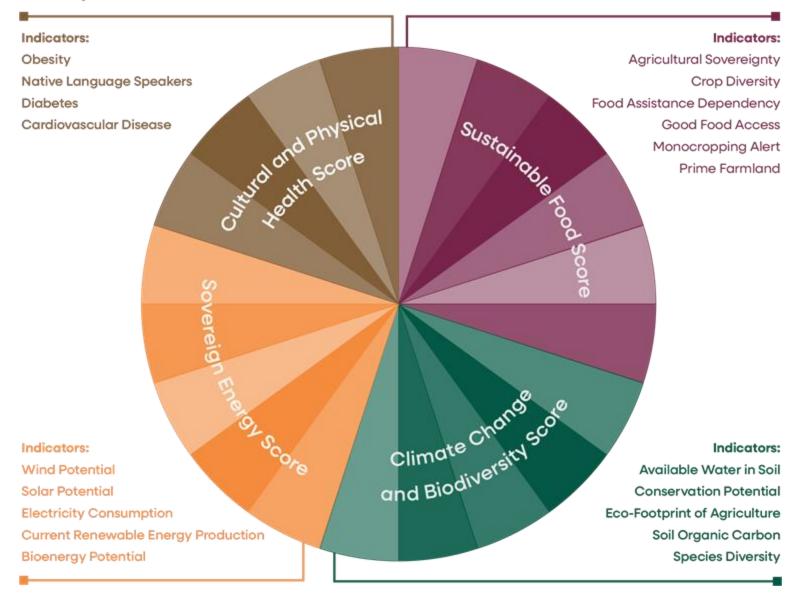






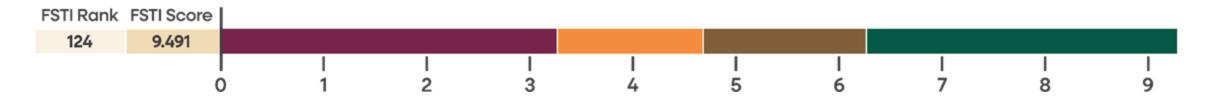
## Existing tools: Food-System Transition Index (FSTI)

#### Food-System Transition Index Indicators and Subscores



# Existing tools: FSTI example

#### **Blackfeet Reservation FSTI rank and score**



Sustainable Food Score	3.305
Sovereign Energy Score	1.389

Cultural and Physical Health Score	1.587
Climate Change and Biodiversity Score	3.209

















CDFIs in Advancing FOOD SOVEREIGNTY A BLACKFEET CASE STUDY





# Existing tools: FSTI example

ustainable Foo	d Score				
Agriculture Sovereignty	Crop Diversity	Food Assistance Dependency	Good Food Access	Monocropping Alert	Prime Farmland
0.479	0.881	0.802	0.099	0.933	0.111

Bioenergy Potential Er	Current Renewable inergy Production	Electricity Consumption	Solar Potential	Wind Potential
No data available N	No data available	0.823	0.471	0.095

Cultural and Physical Health Score				
Cardiovascular Disease	Diabetes	Native Language Speakers	Obesity	
0.679	0.486	0.033	0.389	

Climate Change and Biodiversity Score					
Available Water in Soil	Conservation Potential	Eco-Footprint of Agriculture	Soil Organic Carbon	Species Diversity	
0.48	0.779	0.999	0.202	0.749	



















CDFIs in Advancing FOOD SOVEREIGNTY A BLACKFEET CASE STUDY







FOOD SERVICES 34.1¢

HOLESALE TRADE 10.

PACKAGING 2.7¢\_



OTHER 3.

ADVERTISING 3.4<sub>4</sub> FINANCE AND INSURANCE 3.2

# Existing tools: Economic Multiplier Effect

- Describes how an initial change in spending or investing can lead to a larger change in the economy
- Happens when the initial change in spending creates income for others, which leads to more spending
- Cycle of spending continues















CDFIs in Advancing







## Existing tools: Economic Multiplier Effect example

#### Scenario for local spending: Amount spent on food items away from home: \$6,166,854

% sold on reserv	ation	1%		5%	
\$ sold on reservation		\$61,669	\$185,006	\$303,343	
If revenue was spent locally (EME)	If 10% was spent locally	\$68,452	\$205,356	\$342,260	
	If 20% was spent locally	\$77,086	\$231,257	\$385,428	
	If 30% was spent locally	\$88,186	\$264,558	\$440,930	



# Existing tools: Secondary data

- Vital statistics and gathered data on:
  - Population
  - Agriculture industry
  - Land
  - Health
  - Food and food security
  - livestock

Food and food security:

22%

of households use food stamps/SNAP

\$6,273

= Average dollar amount spent on food for 1 year Total amount spent on food in 1 year:

\$18.4 million

69%

indicate some level of food insecurity

56%

meet the criteria for low or very low food security

# Community-based research: The methods

Community meal

Community

Key opinion leaders

Case studies





# Community-based research: Who participated?

#### Key opinion leaders

Participating in interviews

11 individuals representing

**9** organizations

#### **Community members**

Taking communitywide survey

71 individuals representing

**5** Blackfeet communities

# Community organizations and representatives

Attending community meal

12 individuals representing

6 communities and

**3** organizations

## External community organizations

Relatives from whom we learned

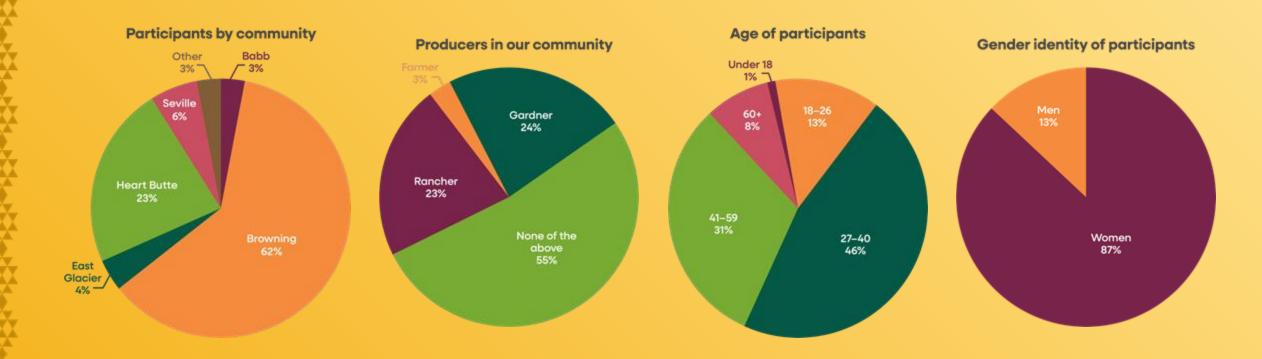
**6** organizations representing

5 indigenous groups in

**4** US states



# Community-based research: Who participated?



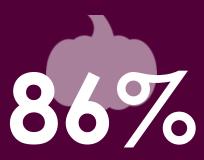
# Community-based research: Challenges



of community members have difficulty providing healthy and fresh food options to their families

83%

of community members agree that buying healthy food is important to them



agree that Blackfeet Nation should prioritize spending money on providing locally produced food

















CDFIs in Advancing FOOD SOVEREIGNTY A BLACKFEET CASE STUDY









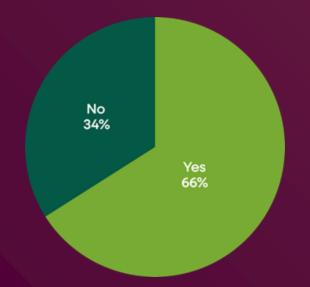
Very few locations offer healthy and affordable foods. Browning has two grocery stores that are technically the most affordable on the reservation. Most community members must drive to Browning for groceries, factoring in gas money spent, that leaves that much less money to spend on healthy foods. [On top of that], most processed foods are cheaper [and have a longer shelf life] than healthy foods."

-Heart Butte community member

Ways to increase amount of healthy and affordable foods in our communities



Are you willing and able to spend more money on locally grown foods?



About how much extra money per week could you afford to spend on locally grown foods?



- Outside of grocery stores and community initiatives, community members participate in other parts of the food system
- 3% of survey participants identified as a farmer

- Almost 25% of survey participants identified as ranchers and gardeners
- 12 of the 71 survey participants indicated interest in participating as food vendors in a local market



Activity	Never	Sometimes	Winter	Spring	Summer	Fall
Gathering plants	36%	64%	4%	30%	54%	27%
Fishing	24%	76%	30%	37%	72%	21%
Hunting	27%	73%	43%	3%	0%	52%
Growing food	61%	39%	6%	25%	35%	9%
Raising animals	63%	37%	26%	32%	29%	31%
Average	42%	58%	22%	25%	38%	28%

















CDFIs in Advancing FOOD SOVEREIGNTY







Want better access to	% that listed food item	Example of item listed, if any
Berries	7%	Blueberries, strawberries, raspberries, cranberries
Dairy	5%	Cheese, yogurts
Eggs	2%	
Fish	9%	Salmon, mackerel, sardines
Fruits	61%	Avocados, lemons, mangoes, tomatoes, watermelon
Grains	7%	Wild rice, whole grains, bread
Greens	9%	Spinach, kale, Swiss chard, lettuce
Herbs	5%	
Meats	18%	Locally born and raised livestock; wild game; grass-fed meats; bison, elk, and deer meats
Other	7%	Almond milk, kombucha, oil, healthier restaurant choices
Vegetables	66%	Asparagus, jalapenos, mushrooms, potatoes, squash, zucchini

















CDFIs in Advancing FOOD SOVEREIGNTY

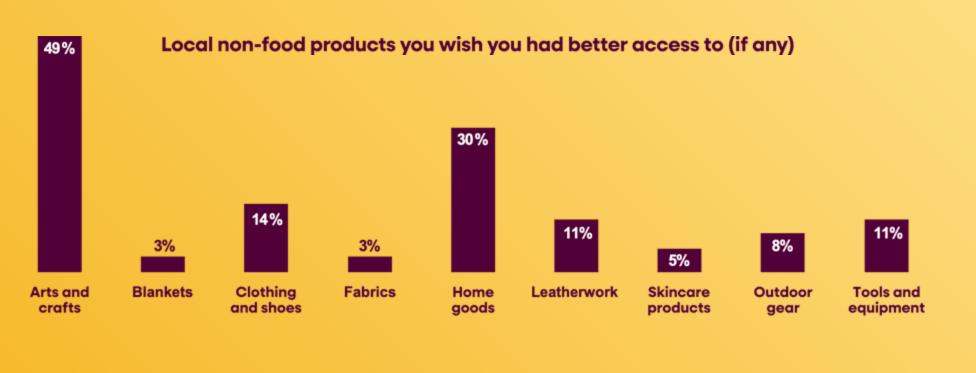




- Non-food items
  - 77% of survey participants expressed support for local non-food products as consumers
  - 13 of the 71 survey participants also indicated interest in being vendors of non-food items such as arts, crafts, and other homemade items



-Heart Butte community member





#### Future-market-specific

Food trucks and prepared meals



Traditional food preparation

















CDFIs in Advancing







#### Community partners

Program/ organization	Education	Food provision	Relationships with producers	Value-add
Blackfeet Buffalo Program			ú	ú
Blackfeet Community College	ú	ú		
Blackfeet Food Distribution		ú	ú	
C+C Processing			ú	ú
FAST Blackfeet	ú	ú		
Federal Food Assistance Programs		ú		
Glacier Family Foods		•		Ú
Indigikitchen	ú		ú	
People's Market		ú		ú
Piikani Lodge Health Institute	ú		ú	



## What did we learn from our relatives?

- Hands-on programs
- Sustainable practices
- Education and partnerships

- Youth engagement
- Waste reduction















CDFIs in Advancing FOOD SOVEREIGNTY A BLACKFEET CASE STUDY





# Community-based research: Opportunities and investments

- Farmers markets
- Community-supported agriculture (CSA) boxes
- Renting and sharing resources (e.g. for value add)
- Incentives programs

- Local meat-processing facility
- Mobile food market
- Community gardens and farms
- Irrigation investment
- Renewable energy investment
- Updated Tribal Food Code

















CDFIs in Advancing





## Recommendations

Sixteen recommendations separated into 4 categories:

- 1. Capacity and reach
- 2. Relationships and outreach
- 3. Consumer interests
- 4. Beyond food



# Highlighted recommendations

#### Capacity and reach

- Resource assistance: Consider small grants, loans, and technical assistance for food-related infrastructure and improvements
- Engage young people in our food system: Community and home gardens, cooking classes and demonstrations, partnerships with schools

#### Relationships and outreach

Community alliance: Cohesive effort to plan strategically and for mutual benefit

#### Beyond Food

- Multi-faceted approach: Variety of smaller, targeted initiatives that can collectively contribute to a larger, more sustainable impact
- Food business incubator: Small-business loans and low-rent space while incentivizing the use of locally sourced foods and ingredients

### Conclusions

 The community is eager for better access to healthy, fresh, and local foods

 NACDC Financial Services is uniquely positioned to help facilitate and enhance food sovereignty



















CDFIs in Advancing









# Thank you! Any questions?



## **Special Thanks to Our Sponsors**





Kaiser Permanente Fund at East Bay Community Foundation













Tamalpais Trust Fund of RSF Social Finance









