

Indigenizers: Indigenous Energizers

Wednesday, June 28th 10:15am-11:45am



Session Description

 Join Oweesta for a session dedicated to learning and participating in Native-specific games and activities. This interactive session will give you hands-on experience with the activities, as well as best practices in adapting the activities to meet your curriculum needs.



Welcome

- Land Acknowledgement
- Native-land.ca (interactive map)



Handshake

- Make Frybread
- Salmon
- Milk the Goat
- Shuck Corn





Studis/Skoden Cards

• Find Your Match!

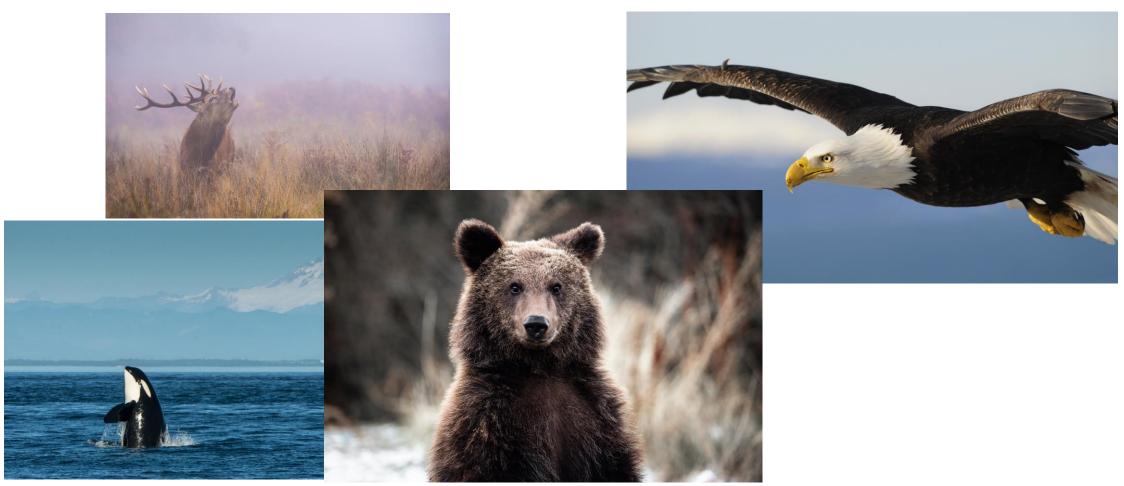




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Animal Spirit Showdown





Sweep the Teepee





Body Movement Beachball





Famous Natives

• You can only ask 4 questions





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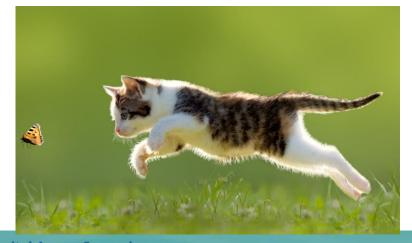
Embody Your Spirit Animal















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Pick your image





Images

- Elder Teaching: What is something you learned today?
- Dreamcatcher Heart: Describe a feeling you experienced. What did you take to heart?
- Holding Hands: Give a hand to someone for a job well done.
- Eagle: How was this experience a breath of fresh air?
- Moccasin: Identify a step in a new direction for yourself.



Dreamcatcher Debrief





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